



2011 Brown Bag Lunch Schedule

All presentations will be held at 1000 E High Street (CYFS office) in the downstairs Education Center. All presentations will begin at 12:30pm. Feel free to arrive at 12:15pm and bring your lunch for a short networking time. Presentations will run approximately 50 minutes with time for questions afterward. Please RSVP to jray@cyfs.org by the day before.

Friday May 13, 2011: **Getting Ready for Kindergarten and Families in Crisis:**
Speakers: Ann Dublirer and Eleanor Barrese, Charlottesville City Schools, and Lynn Horwitz, Albemarle County Public Schools

Friday June 3, 2011: **Nutrition and Physical Activity Training Curriculum for Daycare Providers AND The Bargain Shopper's Guide to Healthy Eating**
Speakers: Mae Hynes, Caroline Grottesman, and Barbara Yager, Diane Whaley, Lynda Fanning, Linda LaFontaine, Joyce Green Pastors, and Megan Liddle-Gude

Friday July 15, 2011: **Food Allergies: An Overview**
Speaker: Kara Taddiken, Registered Dietitian, with resources from the Virginia Cooperative Extension

Friday August 12, 2011: **Improving Pregnancy Outcomes:** Pregnancy Planning assistance
Speakers: Sharon Veith, RN, BSN, Coordinator, West Central Regional Perinatal Council
Peggy Paviour, MS, CHES, Thomas Jefferson Health District
Pam Benton, Benefit Programs Supervisor, Charlottesville Social Services

Friday August 26, 2011: **Autism Spectrum Disorders: An Overview**
Speakers: Rebecca Berlin, PhD, Project Coordinator, UVA Early Childhood Special Education Teacher Education Program
Sarah Blech, PREP/Parent Resource Center