

**CHARLOTTESVILLE/ALBEMARLE COMMISSION  
ON CHILDREN AND FAMILIES  
MEETING MINUTES  
SEPTEMBER 3, 2008  
ACOB-5<sup>TH</sup> STREET EXTENDED, ROOM B**

**MEMBERS PRESENT**

Rosa Atkins, Charlottesville City Schools  
Bruce Benson, Albemarle County Schools  
Leslie Beauregard, City of Charlottesville  
Ralph Chester, Albemarle Citizen  
Representative  
Buz Cox, Charlottesville Dept. of Social  
Services  
Bryan Elliott, Albemarle County  
Kathleen Galvin, City School Board  
Representative  
Chelsea Henderson, County Youth  
Representative  
Robert Johnson, Vice Chair, Region Ten  
Community Services  
Carolyn Lawlor, Albemarle Citizen  
Representative  
Jan Martin, Charlottesville Citizen  
Representative  
Pat Mullaney, Albemarle Department of Parks &  
Recreation  
Lilian Peake, Thomas Jefferson Health District  
Mike Svetz, Charlottesville Department of Parks  
& Recreation  
Paul Wisman, Charlottesville Citizen  
Representative

**MEMBERS NOT PRESENT**

Martha Carroll, 16<sup>th</sup> District Court Service Unit  
Brian Hemmert, Private Service Provider  
Representative  
Amy Laufer, Albemarle Citizen Representative  
Winx Lawrence, University of Virginia  
Tim Longo, Charlottesville Police Department  
John Miller, Albemarle Police Department  
Ronnie Price, County School Board  
Representative  
Kathy Ralston, Albemarle Department of Social  
Services  
Ruth Stone, Chair, Charlottesville Citizen  
Representative  
Cathy Train, United Way Representative

**CCF STAFF PRESENT**

Rory Carpenter, Prevention Team Leader  
Gretchen Ellis, Director  
Kimberly Johnson, FAPT Coordinator  
Linda Rahman, Information-Outreach-Volunteer  
Coordinator  
Kim Stanton, Truancy Case Manager  
Mary Sullivan, Teen Pregnancy/STD  
Coordinator

**OTHERS PRESENT**

Collette Blount  
Jason Halbert  
Eugene Conti

**HANDOUTS (prior to meeting)**

Agenda for September 3, 2008 CCF meeting  
Draft of the July 2, 2008 CCF meeting minutes  
Director's Report  
CSA Monthly Program Report  
Charlottesville CSA Summary Financial Report  
Albemarle CSA Summary Financial Report  
Violence Prevention Best Practices

**HANDOUTS (during meeting)**

Youth Violence Prevention Presentation

**I. WELCOME AND INTRODUCTIONS**

R. Johnson, Co-Chair, called the meeting to order at 5:30pm and welcomed Commissioners and public. Introductions were made around the table. New Albemarle County Youth Representative, Chelsea Henderson, introduced herself and G. Ellis stated that Chelsea had been interviewed by a local TV station as to why she wanted to be on the Commission.

**II. SPECIFICATION OF ITEMS TO BE ADDED AND ADOPTION OF AGENDA**

G. Ellis proposed that Item VIII. Juvenile Justice Advisory Committee Update and Item IX. Violence Prevention Best Practices be moved up before Item VII.

**III. COMMENTS FROM THE PUBLIC**

No comments from the public were made.

**IV. REMINDER ON DECLARATION ON CONFLICTS OF INTERESTS**

R. Johnson reminded Commissioners on the rules regarding voting on items that could present a conflict of interest.

**V. COMMISSIONER ISSUES**

L. Peake updated the Commissioners on MAPP and stated that she hopes to combine some of MAPP's workgroups on prenatal care and early childhood issues that coincide with CCF's workgroups prior to any action being taken by them.

B. Elliott discussed the financial difficulties that the County is facing, including absorbing additional funding cuts for CSA. He stated that revenue will have a big impact on services but that the County is committed to continuing providing services. He stated that there is a \$480,000 reduction in State Aid and \$200,000 in CSA but he is hopeful that with Systems of Care keeping children in the community it will keep CSA costs as low as possible. He noted that it is going to be a challenging year and we need to do anything we can to keep expenses low. R. Johnson stated that it is critical to look for other funding streams.

L. Beauregard announced that the City Council is having a discussion on poverty. B. Cox stated that the City is looking at the demographics of poverty and best practices on addressing it.

**VI. MINUTES FROM THE CCF MEETING FOR JULY 2, 1008**

A motion to approve the July 2, 2008 minutes was made by B. Elliott and seconded by R. Chester.

**◆ THE COMMISSION APPROVED THE JULY 2, 2008 CCF MEETING MINUTES.**

**VII. JUVENILE JUSTICE ADVISORY COMMITTEE PRESENTATION**

R. Carpenter stated that he was going to combine the Juvenile Justice Advisory Committee presentation and the Violent Prevention Best Practices into one presentation. R. Carpenter described the Juvenile Justice Advisory Committee's role and introduced their objectives for FY2009:

- Young Offenders – Identify and intervene with juveniles at a young age to prevent future delinquency.
- Truancy Prevention – Truancy prevention will remain as a major focus providing early intervention with truant children to prevent future delinquency.
- Youth Violence Prevention/Gang Prevention – Given the recent spate of violence involving local youth, this objective will remain a high priority.
- Mental Health Needs of Juvenile Offenders – The mental health issues of juvenile offenders will remain an important focus of the plan.

R. Carpenter stated that younger children are coming into the juvenile system and it is important to impact children at a younger age than in previous years. He explained that the average age of children traditionally brought in for truancy is too high for any real impact to be effective so that the child may be able to graduate. R. Carpenter described the CASASStart Truancy Program and how it was really impacting truant children at a younger age when there was still time to make a difference. He stated that Kim Stanton, the CASASStart Truancy Caseworker had 15 families she was currently working with. R. Atkins asked for a information about referral sources for truant youth. R. Carpenter and G. Ellis will provide that to her by mid-month.

R. Carpenter stated that 56 to 60% of juvenile offenders have significant mental health issues.

He described the steps JJAC will take to achieve its objectives:

- Describe the problem of youth violence in the community
- Identify intended participants for an intervention.
- Identify possible settings in which to reach intended participants.
- Set goals and objectives.
- Select an intervention – or interventions – that will most appropriately address the goals and objectives and meet the needs of the participants.
- Involve the community in this effort.
- Evaluate the success of the intervention.

Commissioners discussed conducting surveys that addressed youth violence. The last survey was taken in 2003 and in 2004, a series of focus groups were held were held with area students..

R. Carpenter stated that the Center for the Study and Prevention of Violence has identified several prevention and intervention programs that meet a strict scientific standard of effectiveness. They include:

- Big Brothers Big Sisters of America - which has recently come into the community within the last couple of months
- Functional Family Therapy (FFT)
- Olweus Bully Prevention Program
- Multisystemic Therapy (MST) - which looks at the reasons behind kids acting out and is paid by Medicare
- Promoting Alternative Thinking Strategies (PATHS) – which is aimed at changing concepts
- Multidimensional Treatment Foster Care (MTFC)

FFT (Functional Family Therapy) was discussed R. Carpenter stated that there is a lack of referrals for this evidence-based program in the community and that may not be embraced by all – possibly a confidence issue. R. Chester noted that one in 10-15 families reject it but recommended meeting with school Principals, Guidance Counselors and teachers to make more referrals. It was noted that Region Ten, FAPT and CHINS are also able to refer.

R. Carpenter noted that JJAC was involving the community and stated that he believed that neighborhood prevention is a strong practice; that grass-roots involvement through programs like

PHAR, Parks and Recreation and the recent YDN (Youth Development Network) BBQ's were valuable as they are our vehicle to connect with the community.

In conclusion, he stated that developing a successful youth violence prevention initiative is a complex process that requires thoughtful planning and centralized oversight. The solutions should involve all aspects of the community and should include several types of strategies and coordinated interventions that complement one another.

G. Ellis thanked R. Carpenter for his presentation and noted that it is a good time for Commissioners to look at juvenile violence and that it is something that should be on the Commission's radar and should discuss moving forward.

### **VIII. VIOLENCE PREVENTION BEST PRACTICES**

See above.

### **IX. REPORT FROM THE TEEN PREGNANCY/STD PREVENTION WORK GROUP**

Mary Sullivan gave a presentation on behalf of the Teen Pregnancy/STD and the Substance Abuse Work Groups.

M. Sullivan stated that nationally, one in three women will become pregnant before the age of 20. She stated that the challenges in addressed prevention are that one program does not work for all, the media makes it appealing, and reproductive health is not accessible to all teens. M. Sullivan discussed the effectiveness of teen pregnancy programs and preventive measures like youth service learning, addressing social issues, providing accurate information and adequate training for teachers and doctors. She stated that the Health Department has 107 objectives addressed at teens and the need for priorities for action. Adolescent health indicators show that some pregnant teens also have mental health, alcohol and substance abuse issues.

M. Sullivan spoke about the health risk survey and how adolescent activity affects people as they become adults and the importance of looking at these issues as community challenges, not just school challenges. She described adolescents as vulnerable, the "perfect storm", and how important collecting data is. As a community we should be addressing adolescent issues and one way to do this is by having the Youth Risk Behavior Survey taken in the schools.

The Teen Pregnancy/STD and Substance Abuse Work Groups request that the Commission move to endorse the administration of the Youth Risk Behavior Survey in both City and County Schools.

R. Atkins announced that the City Schools would be participating in the Youth Risk Behavior Survey this year. She asks that when the information is shared that both school districts are included and that one school district does not stand out.

A motion that the Commission endorse the administration of the Youth Risk Behavior Survey in both City and County Schools was made by B. Elliott and seconded by R. Chester.

- ◆ **THE COMMISSION APPROVED THE MOTION TO ENDORSE THE ADMINISTRATION OF THE YOUTH RISK BEHAVIOR SURVEY IN BOTH CITY AND COUNTY SCHOOLS.**

### **IX. DIRECTOR'S REPORT**

G. Ellis announced that the submission of non-profit agency applications for City and County funding were due on October 14<sup>th</sup>. She stated that the Agency Budget Review Teams have been selected and described the new process of multi-year funding.

She noted that CSA may have an extended meeting in November and the Commission will be hearing a report from CSA. She stated that starting in January, the City and County's match rate for CSA funds will be higher and it is important to keep CSA costs down and bring children home (see attached matrix for match rates).

G. Ellis stated that for years the community has worked on having a local assessment and diagnostic center, and next week Region Ten will have the capability of doing that. She reported on the pilot program that has brought two high-risk youths back into the community and that Region Ten is in the process of hiring a new Care Coordinator.

G. Ellis reported that Charlottesville did not receive the Safe Schools/Healthy Students grant but that feedback was received and that they will be submitting a grant again next year.

The meeting adjourned at 6:50pm.

**THE NEXT MEETING OF THE COMMISSION WILL BE  
NOVEMBER 5, 2008  
IN ROOM 235 (TOTIER ROOM) - ALBEMARLE COUNTY  
OFFICE BUILDING – MC INTIRE  
5:30pm to 7:00pm**

## Attachment

Office of Comprehensive Services  
 Locality Match Rates from the FY08 - 10  
 Budget Bill  
 Based on Conference Report -  
 REVISED  
 March 18, 2008

**Services Placements From July  
 2008 through Dec. 2008**

**Service Placements from Jan 2009 through June 2009**

**Service Placements from July 2009 through June 2010**

Locality	July 07 Local Match Rate	Services Placements From July 2008 through Dec. 2008		Service Placements from Jan 2009 through June 2009				Service Placements from July 2009 through June 2010			
		Community Based Services	All Other Services	Community Based Services	Residential Treatment Services*	Group Home Services *	All Other Services	Community Based Services	Residential Treatment Services **	Group Home Services **	All Other Services
Adjustment Factor		50% <	no change	50% <	15% >	15% >	no change	50% <	25% >	25% >	no change
Albemarle	0.4474	22.37%	44.74%	22.37%	51.45%	51.45%	44.74%	22.37%	55.93%	55.93%	44.74%
Charlottesville	0.3068	15.34%	30.68%	15.34%	35.28%	35.28%	30.68%	15.34%	38.35%	38.35%	30.68%

\* Increased match rate begins after the first \$100k of all residential services

\*\* Increased match rate begins after the first \$200k of all residential services